

In the Middle of the Midlands 5k

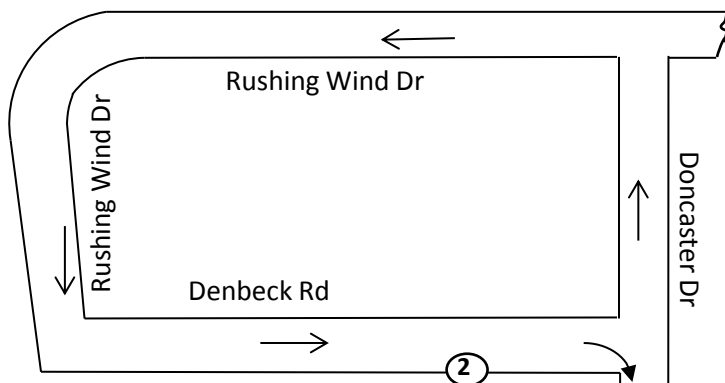
Irmo, SC 29063

USATF Certificate SC16005KWL

Effective May 27, 2016 to December 31, 2026

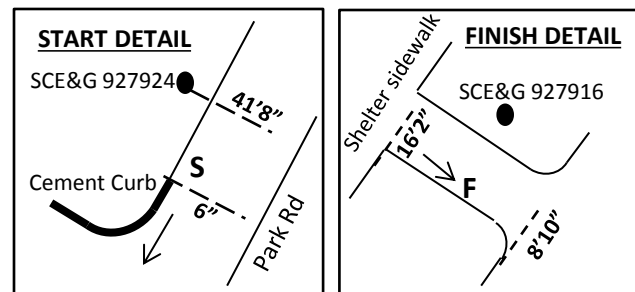
Measured May 25, 2016 by

Ken Lowden RunOnSC@yahoo.com



NOTES & RESTRICTIONS

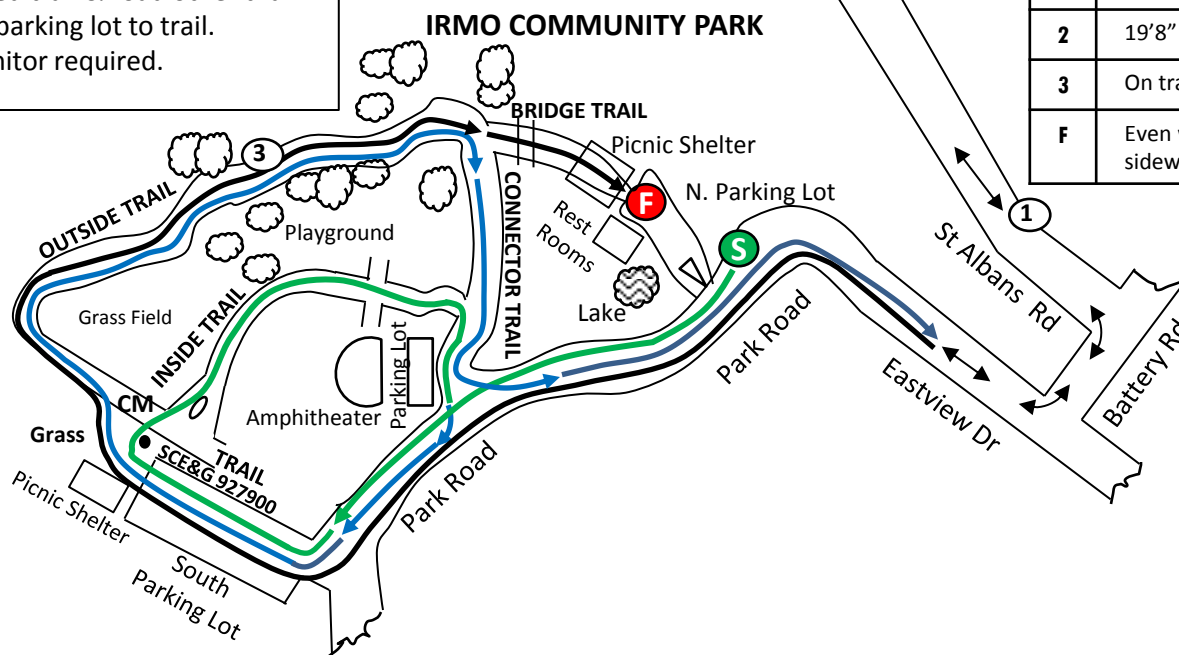
1. Not to Scale
2. Not all cross streets are illustrated
3. Except where otherwise noted course has been measured on the shortest possible route using full width of the road to within 18" of curbs and other defined edges.
4. Restricted to paved trail & road other than grass connecting S. parking lot to trail.
5. CM = Course Monitor required.



S	6" N of cement curb & 41'8" S of SCE&G 927924
1	2' NW of cement driveway house # 67
2	19'8" E of cement driveway house # 225
3	On trail 19'2" E of SCE&G 927904
F	Even with SCE&G 927916, 16'2" E of Shelter sidewalk & 8'10" W of sidewalk to restroom.

PARK DETAIL

First Loop stay W. of SCE&G light 927900 and follow Inside green trail to Park Rd and turn S for second loop. Follow outside blue trail to right turn on Connector Trail to Park road. Turn N. on road to Park exit. Final loop follow black outside trail to Finish.



ELEVATION

Start: 102 m
 Finish: 99 m
 Highest: 125 m
 Lowest: 94 m